

# A True Perfectionist

## *To Remember*

The idea of perfection is the root cause of all neurosis. Humanity has not been healthy because of the idea of perfection. Man has suffered immensely, and unnecessarily. So erase this word *perfection* from your vocabulary. Osho. Indian mystic

“Perfection” means you are opposing what is and wanting what it is not and that tension is what creates disharmony.

Life is ready to deliver all that you need, this very moment, but your idea of perfection becomes the obstacle to get it.

Jesus in the Course says that the world you see including yourself *is the witness to your state of mind*, it is an outside picture of an inward condition. As a man thinketh, so does he perceive.

When we see imperfection in the world it's because we are seeing imperfection in us and to hide that awful thought we need to hide it behind being perfect.

Joy is when you accept yourself as you are, with warts and all. Joy is a function of immense acceptance.

In Unity we learn that the life we experience is the result of the vision we choose. We can see through the eyes of **appreciation** or through the eyes of **criticism** and by law we will manifest more of what we focus on.

When you chase perfection it's because you see imperfection and as a consequence you will create more imperfection, anxiety and frustration and you will become Neurotic.

The only way to achieve perfection is to claim it right where you are. If you do not have it right now, you will never achieve it, because perfection is not something you get.

Perfection is a consciousness that you live from. To change the world you do not have to fix it, you have to see it perfect.

**Rev. Carlos Romanillos OUM**  
**Unity of the Valley. Pharr, Texas.**  
**January 22, 2010**